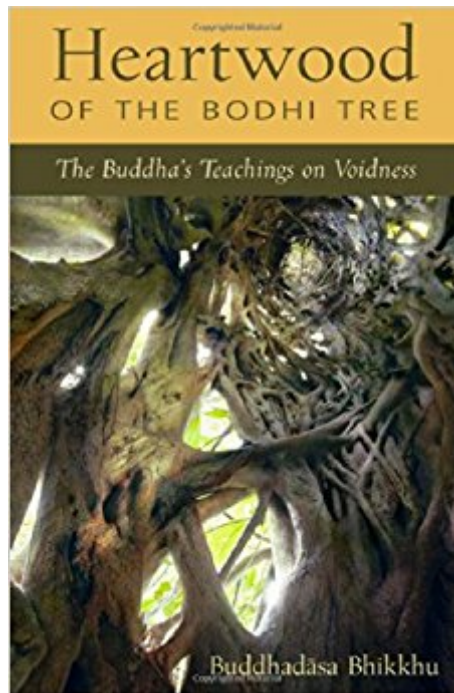




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Heartwood Of The Bodhi Tree: The Buddha's Teaching On Voidness



Synopsis

Clear and simple teachings on voidness and living an ethical life. In *Heartwood of the Bodhi Tree*, Buddhadasa Bhikkhu presents in simple language the philosophy of voidness, or *sunnata*, that lies at the heart of the Buddhism. By carefully tying voidness to ethical discipline, Buddhadasa provides us clear and open grounds to reflect on the place of the philosophy in our lives. With his ecumenical, stimulating, and enthusiastically engaged approach to reading the Buddha's teaching in full flourish, Ajahn Buddhadasa transforms the jungle of philosophy into a glade as inviting as the one in which he famously taught.

Book Information

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Customer Reviews

"Masterfully explains how to develop this profound practice in daily life." (NAPRA Review)"Heartwood of the Bodhi Tree introduces emptiness (voidness) in a clear and full way as an original teaching of the Buddha. It emphasizes the importance of emptiness in all Buddhist traditions and contributes to non-sectarian dialogue and understanding." (Larry Rosenberg, Director, Cambridge Insight Meditation Center)"One of the most prolific and influential teachers in our modern era ... Wisdom does a wonderful service by publishing *Heartwood of the Bodhi Tree*, a precious taste of Buddhadasa's way." (Turning Wheel)"A remarkable book. ... This beautiful book captures the spacious and profound teachings of the Thai forest tradition." (Inquiring Mind)"Clear and straightforward, the reader feels just how possible and practical it is to lead a happy life. Highly recommended." (Joseph Goldstein, author of *Insight Meditation: The Practice of Freedom*)

Buddhadasa Bhikkhu (1906-1993) was a famous and influential Thai Buddhist philosopher, widely known as an innovative reinterpreter of Buddhist doctrine and Thai folk belief. Buddhadasa fostered a reformation of conventional religious perception in his home country, as well as abroad. Although he was an ordained Buddhist monk, he rejected specific religious identification and considered all faiths as principally one. Since the 1960s his work has inspired a new generation of socially concerned individuals around the world. He is the author of numerous works, including *Mindfulness with Breathing: A Manual for Serious Beginners*.

I loved this book. I engaged and read it cover to cover because I wanted to make sure that I immerse myself in this teaching. Here is the bottom line: Nothing whatsoever should be clung to as "I" or "mine". I suggest reading it cover to cover to ensure that you "got it". Simple teaching but will get you to true Nirvana or freedom. Arriving at no-self/voidness/sunata one becomes an Arahant. Also, doing this work will help in the transition process for sure. For serious humans who want freedom, this is a must.

We found this book to be helpful and easy to understand. If you do not have a "teacher" or a meditation center close by, it can be discouraging for beginners (or anyone for that matter) to know how to study Buddhism on their own? This book begins by explaining how to tell the difference between Buddhism and the plethora of things that are associated with Buddhism.

This is a profoundly important book that has altered my own perceptions of life, just as it has reinforced a narrative of my experience last year in a week of ICU treatment in hospital. You need not share that personal perspective to appreciate how powerful the teachings are in this book by the great Buddhadasa. These teachings open up vast horizons of potential growth. Buy, experience and treasure this book!

Incredible book, a must-read to understand most important Buddhist concepts.

This is the clearest and, at the same time, the most profound explanation of the Buddha's teaching that I have come across. This is Buddha dhamma that can be practiced.

Well worth your time and money

very informative not for beginners

The look and quality meet my expectation

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